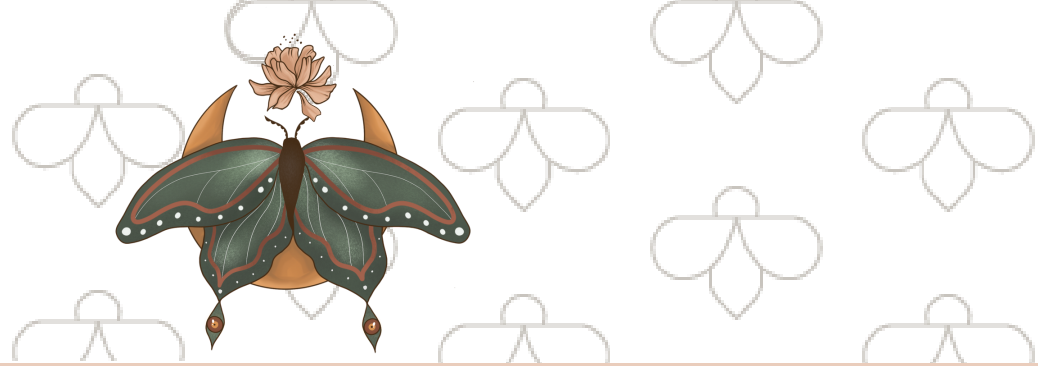


Feel free to share these pages with your care provider and birth doula:



# preferences

My main concern leading up to the birth is...  
(what I want my health provider to honor the most):

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Have you considered all childbirth scenarios/possible outcomes? If not, who can provide informed consent?

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Once my sensations begin I hope to... I hope my partner/birth doula will...

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## Options:

(check off what you consent to)

- Support people:
  - Birth Doula
  - Partner
  - Family
  - Midwife / OB / MD
  
- Post dates:
  - Spontaneous rupture of membranes
  - Artificial rupture of membranes
  - Labor cocktail
  - Growth and fluid ultrasounds
  
- Environment:
  - Early labor at home
  - Hospital right away
  - Home birth
  - Depends on how I feel
  
- Induction:
  - Cervidil tampon
  - Pitocin IV drip
  - Sex / Nipple Stimulation
  - Breaking the waters
  
- GBS status:       If I am GBS positive, I consent to IV antibiotics as soon as my membranes are ruptured
  - I don't want to know
  - Positive
  - Negative